



## Exit Plan

HOUSEHOLD NAME: \_\_\_\_\_

DATE CREATED: \_\_\_\_\_

### About Us

Head(s) of Household:	
Address:	
Health Insurance	

### Emergency/Medical Contacts

Role/Relationship	Name	Telephone Number

### Plan to Maintain Housing

We will continue to pay our rent by making sure we do the following things:

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We will make sure that we do not get kicked out of our home by doing/not doing the following things:

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We are ready to live with greater independence and without Housing Program supports because:

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The areas in our life that we are still working on are:

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We are going to work on these areas by:

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Signs that our housing is becoming unstable are:

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If our housing is becoming unstable, we will:

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Signs our housing is unstable are:

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If our housing is unstable we will:

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Should we ever receive an eviction notice or be told by our landlord that we need to leave, we will:

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***We are confident that we have the skills to:***

Task	Yes	No	N/A
Clean the apartment			
Go grocery shopping			
Pay rent			
Speak with landlord			
Do laundry			
Budget			
Pay other bills			
Be responsible tenants			
Set goals & take action			
Problem-solve with a level head			
Keep emotions in check when frustrated/angry			
Follow crisis plan when necessary			
Make appointments and keep them			
Follow doctor instructions			
Follow psychiatrist instructions			
Take medicine			
Refill medicine			
Have fun without creating problems			
Fill the days with things that make us happy			
Invite guests over and know when to ask them to leave			
Seek out help when we need it			
Keep our apartment			

